

SOUTH SAN FRANCISCO UNIFIED SCHOOL DISTRICT NUTRITION SERVICES



Winter 2020



Welcome to our newsletter's winter edition! The Nutrition Team has been working hard during the first half of the school year and has a lot of exciting news to share!

Menus

Fifteen new food items were introduced in the breakfast and lunch menus. Particularly popular are: pepperoni and French Bread Cheese pizzas in a box, Tropical Trio Slushes (equivalent to 1/2 cup of vegetable), Popcorn Chicken with Waffle, Warm Turkey and Cheddar cheese



on a croissant, Warm Pulled Pork sliders, Teriyaki Blasters with Fried Rice, Buffalo Chicken Salad-to-go, and Spicy Grilled Cheese Sandwiches. The nachos, mini cheese burger sliders and potato bar remain favorite items.



Breakfast program

The efforts made to promote breakfast at school have been successful. Student participation has increased by more than 10%. We bought a motorized car to serve breakfast by the SSFHS science building and will resume second chance breakfast at El Camino High School.

The **share tables** implemented last year in elementary schools have led to a significant decrease in food waste. The roll-out of share tables in secondary schools is underway. Parkway was launched successfully on January 7 and will be followed by all middle and high schools by the end of March 2020.



Grants

We are pleased to announce that the San Mateo County Board of Supervisors will provide SSFUSD a grant of more than \$32,000 to expand our breakfast program, increase lunch participation, and increase the amount of fruits and vegetables that students will have available to them. The grant, championed by Supervisor Dave Pine, will allow our partner Second Harvest of Silicon Valley to provide funding for equipment for refrigeration, to expand salad bars, add ramen bars and reduce waste. Thank you to our partners for helping us get this funding!

Serving lines

In elementary schools, staff provided students ID cards to be scanned instead of entering a pincode. Students now spend less time in the line and have more time to eat!



Baskets on a stand have been added to display fruit, utensils or condiments. Students and teachers have commented that they were a beautiful addition to the lines.

